

THINK OUTSIDE THE BOX



BSC Level 1 Award in Health & Safety in a Construction Environment



The level 1 award in health and safety in a construction environment is a completely different approach to safety and health training. It's high-impact programme designed to be fun and get people fully involved. The first-class, jargon-free content is based on what people need to know in practice, and not off-putting legal language.

Who needs this qualification?

This qualification is for people who currently work, or want to work in construction. Anyone wishing to apply for the Construction Skills Certificate Scheme (CSCS) Green Card to work on a UK construction site.

Why is this training important?

Construction is one of the most dangerous workplace activities. Last year, in the UK, 42 of the 133 workplace fatalities occurred in construction.

Outline Programme;

This qualification covers the following topics:

- The importance, key terms, legal responsibilities and reasons for good health and safety
- Fatalities, injuries and ill-health in construction
- Slips and trips

- Working at height
- Risk assessments and method statements
- Moving vehicles and mobile plant
- Work equipment
- Fire, Electricity
- Manual handling
- Noise
- Vibration
- Hazardous substances
- Alcohol and drugs
- Health and safety signs
- Personal protective equipment
- Welfare facilities and personal hygiene
- Emergencies and first aid
- Reporting accidents and ill health.

Course Details



Assessment

Multiple choice examination



Duration

1 day programme



Venue

In-house courses available
Open courses at Ouch Training



Certification/Accreditation

Certified by British Safety Council



Prerequisite

None

Testimonial

"Engaging trainer who really made me think differently. I thought the course was very informative and well presented- making a historically mundane subject matter very interesting."

Michael Wells, Sunseeker International Ltd

Trainer

Our experienced trainers have designed a practical programme, full of step-by-step guidance. Our hands on, jargon-free format engages and inspires, and has helped a huge range of business to raise standards of safety and health.

Contact Information

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Approved
Centre



Highfield
awarding body for compliance
Approved HABC Centre



UKATA



The Ouch Facts

Our story so far...

70,000

People have been
OUCHED!

33,000

People were given
the skills to

SAVE A LIFE



20,000

Workers have a

GREATER

awareness of

WORKPLACE SAFETY



3,500

LEADERS received

the tools to

IMPROVE the

SAFETY of

their

organisations



92%
*of customers
enjoyed the training
and said it was
relevant to
their job*

18 YEARS
Experience,
delivering
HIGH QUALITY
Health and Safety
training.

INSPIRING
COMPETENCE
not just
COMPLIANCE

SAVE

There's never an
Ouch with our
prices!

WE GIVE YOU EXTRA

- FREE PDF copy of your certificate
- FREE certificate expiry reminders
- FREE client training reports
- Defibrillator training included in all our Level 3 First Aid at Work courses
- Behavioural Safety is covered in all our Health & Safety courses

Wide range of courses

2 modern training venues
delivering regular **open courses**

Dorset **Manchester**

Plus a team of trainers able to
deliver training **nationwide**.

The benefits of effective training

Reduced
accidents



Increased
productivity



Improved
profitability



*“What could have been a
dry subject (‘Oh not more
health and safety!’) actually
ended up being really
interesting!”*

Sunseeker International

