



# CIEH Level 3 Award in First Aid at Work



training team

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The CIEH Level 3 Award in First Aid at Work consists of two units that will enable successful delegates to act as a first aider in their workplace.

**Unit 1:** Emergency First Aid in the Workplace

**Unit 2:** Recognition and management of illness and injury in the workplace.

## Who needs this qualification?

This qualification is for anyone identified by their employer as being suitable to take on the role of a first aider in the workplace.

## Why is this training important?

The health and Safety (First-Aid) regulations 1981 place a general duty on employers to provide first-aid treatment to employees within the workplace environment. The employer has overall responsibility for the risk assessment (assessment of first-aid needed) that will establish the level of first-aid cover required. If, having assessed first-aid needs, an employer decides to appoint first aiders, the first aider must have a valid certificate of competence.

## Learning Outcomes

Successful candidates will be able to:

- Understand the roles and responsibilities of a first aider
- Access an incident
- Manage an unresponsive casualty who is or is not breathing normally

- Recognise and assist a casualty who is choking
- Manage a casualty with external bleeding
- Manage a casualty who is in shock
- Manage a casualty with a minor injury
- Conduct a secondary survey
- Administer first aid to a casualty with injuries to bones, muscles and joints
- Administer first aid to a casualty with suspected head and spinal injuries
- Administer first aid to a casualty with suspected chest injuries
- Administer first aid to a casualty with burns and scalds
- Administer first aid to a casualty with an eye injury
- Administer first aid to a casualty with sudden poisoning
- Administer first aid to a casualty with anaphylaxis
- Provide first aid to a casualty with a suspected major illness

## Course Details



### Assessment

Practical assessment, activity booklet & exam



### Duration

3 Days



### Venue

In-house courses available (12 max)  
Open courses at Ouch Training



### Ofqual Regulated

Yes



### Prerequisite

None

## Testimonial

*"Very informative course, I especially enjoyed the quizzes, and also the practical aid for choking as I had never practiced that before. I will definitely recommend this course to others."*

**Sharon Spencer, Hillbourne Primary School**

## Trainer

Our enthusiastic trainers have a wealth of experience in first aid and have an innovative approach to education; we aim to make our courses fun and engaging for delegates.

## Contact Information

### Ouch Training Team Head Office

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### North West Training Venue

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# Ouch Courses



## Training you can't ignore.

At Ouch we believe that health and safety shouldn't just be a tick in a box, through innovative training we aim to inspire competence not just compliance.

Our highly skilled and experienced trainers endeavour to deliver a range of outstanding courses. We use a range of innovative techniques to ensure the content is engaging and relevant for our delegates. We know that if the learning experience is enjoyable then you will remember your new skills and be able to recall them when they are really needed.